

## 臨床経験

### 五積散が奏効した三叉神経痛の1症例

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**要旨：**患者は80歳代女性，関節リウマチの既往がある．左耳介前方から下顎に及ぶ痛みが出現したため，発症2週間後に当科初診となった．三叉神経第3枝領域に局限した突発的な痛みであり，三叉神経痛と診断した．五積散を開始したところ，2ヵ月後の再診時には痛みは初診時の1/10に改善し，6ヵ月後には痛みが生じることはなくなった．五積散の名は体内に気，血，痰，寒，食の5種の病毒が鬱積するのを治すという意で名付けられたものである．五積散の痛みに対する有効性は数多く報告されているが，三叉神経痛に対して五積散が有効であった報告は学会発表の2報告のみと少ない．本例は東洋医学的には風寒湿の病とされる関節リウマチの既往があり，三叉神経痛を発症する以前から寒積の存在した可能性があった．本例の三叉神経痛は風寒によるものであり，五積散が奏効したと考えた．五積散は三叉神経痛の治療選択肢の一つになりうる．

**索引用語：**三叉神経痛，五積散，寒積

## PAIN AND KAMPO MEDICINE Vol.29 (2019)

**A Case of Trigeminal Neuralgia Which Is Treated with Goshakusan Effectively**  
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**Abstract:** The patient was a woman in eighties with rheumatoid arthritis. She had a pain from left auricle to left mandible, and came to our hospital 2 weeks after onset. It was a sudden pain localized to the trigeminal nerve third branch region, and it was diagnosed as trigeminal neuralgia. We prescribed goshakusan to her, and 2 months later the pain was improved at 1/10. No pain occurred after 6 months. The name of goshakusan was named in the sense that it cure the disease caused by abnormal accumulation of 5 element: qi, blood, dampness, cold, and food. Although there are many reports that goshakusan effective for pain, there are only two reports that goshakusan effective for trigeminal neuralgia. In the theory of oriental medicine rheumatoid arthritis is said to be caused by three environmental factors: wind, cold and dampness. She had suffered from rheumatoid arthritis before, therefore she may have had cold accumulation before onset of trigeminal neuralgia. In this case trigeminal neuralgia could have been caused by the accumulation of wind and cold, therefore it was considered that goshakusan was effective. Goshakusan can be one of treatment options for trigeminal neuralgia.

**Key words:** trigeminal neuralgia, goshakusan, cold accumulation

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