

臨床経験

漢方薬と唾液腺マッサージが奏効した口腔乾燥症の1症例

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要旨：今回我々は口腔内の乾燥による痛みに対して、五苓散と唾液腺マッサージの治療が奏効した症例を経験した。この症例にはリウマチの病歴があり、体内に慢性的な炎症が生じ、浸透圧バランスの異常による体液の偏在が生じたと考えられる。五苓散はAQP5に作用して体液バランスをコントロールする作用と抗炎症作用がある。これらの効果により唾液分泌量が回復したと考えられる。また、唾液腺マッサージも唾液分泌量を回復させた一助になったと考えられる。

索引用語：口腔乾燥, 五苓散, 唾液腺マッサージ, 関節リウマチ

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A case report of xerostomia in which treated with kampo medicine and salivary gland massage effectively

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Abstract: We report a case in which treatment of goreisan and salivary gland massage was effective against pain due to xerostomia in the oral cavity. The patient had a history of rheumatism. Chronic inflammation may cause abnormality of osmotic balance, which is thought to have led to uneven distribution of body fluids. Goreisan acts on AQP5 and has the effect of controlling fluid balance and anti-inflammatory effect. It is thought that these effects restored saliva secretion. Salivary gland massage is also considered to have helped to restore the amount of saliva secretion.

Key words: xerostomia, goreisan, salivary gland massage, rheumatoid arthritis

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