

## 臨床経験

## 気の異常が起因と考えられた舌痛症に対する漢方治療奏効例

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**要旨：**舌痛症は治療に難渋することが多い疾患である。症例は50歳代男性、右側舌縁に生じた潰瘍が治癒してもなお継続する舌の痛みの訴えに加え、喉がつかえる感じ等を訴えた。これらの症状は水滯や肝気鬱結によって生じた痰によるものと診断し、半夏厚朴湯エキス剤の内服投与により著明に改善した。本症例の舌痛症はおもに仕事のストレスやがん恐怖による「気の異常」が病因であり、半夏厚朴湯により著効に至ったと考える。

**索引用語：**漢方治療、舌痛症、半夏厚朴湯

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**A case of Kampo medicine treatment for glossalgia that was thought to be caused by qi stagnation**

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**Abstract:** Glossalgia is often difficult to treat. The patient was a man in fifties who complained tongue pain even after the ulcer has healed on the right tongue edge. He also complained a discomfort feeling in the pharynx such as throat obstruction and frequent swallowing. In addition he was worried that his symptoms might be tongue cancer. In Kampo medicine, the discomfort of the pharynx is said to be caused by qi stagnation of liver or fluid retention. Those various symptoms were remarkably lightened by oral administration of hangekobokuto. It is said that hangekobokuto has the effect of normalizing the qi stagnation.

The glossalgia of this case is mainly attributed to qi stagnation caused by work stress and cancer fear, and it is thought that hangekobokuto has made a remarkable effect.

**Key words:** Kampo medicine, Glossalgia, Hangekobokuto

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