

## 症 例 報 告

### 疎経活血湯によって改善した上肢痛の2症例

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**要旨：**疎経活血湯は血虚、瘀血を原因とした風湿痺に対して有効とされており、特に腰下肢痛の治療に用いられ、多くの文献的報告が見られる。しかし、同方剤を上肢痛に用いて有効であったという症例報告は少ない。今回我々は、瘀血・血虚による上肢痛に疎経活血湯が有効であった2症例を経験した。腰下肢の症状に限らず、瘀血、血虚に起因する上肢痛に疎経活血湯は治療の選択肢として有用であると考えられた。

**索引用語：**疎経活血湯、上肢痛、血虚、瘀血

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### Two cases with upper extremity pain successfully treated with sokeikakketsutou.

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**Abstract:** Sokeikakketsutou is traditionally used for pain condition caused by “blood stasis” or “blood deficiency”. There are many reports that it has been used especially for treatment of lower back pain and lower extremity. However, there are few reports that it was effective for upper extremity pain. In this report, two cases of upper extremity pain were improved by sokeikakketsutou. We concluded that it is effective not only for low back or lower extremity pain, but also for upper limb pain based on blood stasis or blood deficiency.

**Key words:** Sokeikakketsutou, upper limb pain, deficiency of blood, blood stasis

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