

症 例 報 告

難治性の慢性疼痛に対して漢方薬が奏効した2症例

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要旨：難治性の慢性疼痛に対して抑肝散が奏効した2症例を報告する。症例1は40歳代男性で、20年前に外傷のために右上腕を切断して以来、断端痛と幻肢痛があり、近医にてプレガバリン内服等で様子をみていたが症状改善せずに当院を紹介された。症例2は70歳代男性で、30年前の胸部大動脈瘤の術後の癒痕部の痛みが30年間持続しており、様々な治療を施されるも症状が改善せずに当院を紹介された。2症例ともに神経障害性疼痛であり、いろいろな治療法を試みても症状が改善しなかった。経過が長く、気の異常をきたしていたものと考えて、気剤でありかつ神経障害性疼痛に効果を望める抑肝散を処方したところ、効果があった。難治性疼痛の一部に抑肝散が奏効することがある。

索引用語：抑肝散, 神経障害性疼痛, 気の異常

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Two cases that were treated effectively with Kampo Medicine for intractable chronic pain

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Abstract: We report two cases in which yokukansan was effective for intractable chronic pain. Case 1; Man in 40s had a stump ache and phantom limb pain since he injured his right upper arm 20 years ago, and prescribed pregabalin internal use at nearby doctors, however, he was introduced our hospital because the symptom was not alleviated satisfactory. Case 2; Man in 70s, the pain of the postoperative chest scar caused by aortic aneurysm operation was continued for 30 years. He was introduced our hospital without a symptom improving although various treatment was performed. Two cases showed neuropathic pain during long period, and the symptom was not improved even if they were tried various treatments. Prolonged periods of intractable chronic pain have caused qi abnormalities in two cases.

Yokukansan may be effective to the intractable chronic pain with long duration.

Key words: Yokukansan, neuropathic pain, abnormality of the “qi”

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