

## 症 例 報 告

## 口腔乾燥を伴う舌痛に漢方薬が奏効した 1 症例

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**要旨**：70 歳代，男性の口腔乾燥を伴う舌痛に対して，補中益気湯と唾液腺マッサージの治療が奏効した症例を経験した。臨床所見で，食欲不振，泡沫唾液が認められ気陰両虚と診断して補中益気湯を投与し，唾液腺マッサージ刺激，廉泉などの経穴刺激を継続したところ，唾液分泌量の回復が認められた。補中益気湯により脾胃を立て直し，気虚を改善することで，陰液の増加を図ったことと，唾液腺に対する理学療法が唾液分泌量の回復につながったものと考えられた。

**索引用語**：口腔乾燥，補中益気湯，気虚

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## A case report of tongue pain with xerostomia effectively treated with Kampo

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**Abstract**: The patient was a man in seventies. We report a case of tongue pain with xerostomia which was treated successfully by hochuekkito and salivary gland massage. He had restored the amount of saliva secretion after treated with hochuekkito, salivary gland massage, and stimulation of acupuncture point.

It is thought that hochuekkito helps is useful to improve the digestive functions (spleen and stomach) and restore the amount of saliva secretion. And, it is also useful to stimulate salivary gland with physical treatment.

**Key words**: xerostomia, hochuekkito, Qi and Yin deficiency, physical treatment

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