

## 症 例 報 告

# 下顎埋伏智歯抜歯後継続した鈍痛に漢方薬が有効であった 1 症例

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**要旨：**左側下顎埋伏智歯抜歯後の慢性的な痛みと口渇を訴え、頭痛を併発して来院した患者に五苓散が奏効した症例を報告する。症例は50歳代の女性で、抜歯後の神経障害性疼痛及び頭痛がありプレガバリンを処方したが、耳鳴りと頭部不快感が出現したため中止した。そこで五苓散証と考え処方を変更した結果、痛みは軽減した。五苓散は利水作用と抗炎症作用により頭痛に奏効した報告は多いが、本症例では口渇を有し頭痛を伴う神経障害性疼痛にも効果が認められた。したがって西洋薬に副作用が認められる場合、五苓散単独の処方でも神経障害性疼痛に奏効する可能性が示唆された。

**索引用語：**五苓散, 神経障害性疼痛, 口渇, 頭痛

## PAIN AND KAMPO MEDICINE Vol.30 (2020)

### A case in which kampo medicine was effective for dull pain after extraction of impacted wisdom teeth

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**Abstract:** We report a case in which goreisan was effective in a patient who had a headache accompanied chronic pain and thirst after extraction of the left mandibular impacted wisdom tooth. A woman in fifties was prescribed pregabalin for neuropathic pain and headache after tooth extraction, but was discontinued due to tinnitus and head discomfort. We thought that the pain would be classified into goreisan pattern. We, therefore, prescribed goreisan for her. Then her pain was reduced. There are many reports that goreisan is effective for headaches due to regulation of fluid and anti-inflammatory effects. In our case goreisan was effective for neuropathic pain with dry mouth and headache. When western medicine has side effects, it was suggested that the prescription of goreisan alone could be effective for neuropathic pain.

**Key words:** goreisan, neuropathic pain, dry mouth, headache

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