

症 例 報 告

十味剉散を痛み、しびれに用いた 7 症例

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要旨：十味剉散は、筋肉の萎縮を伴う痛みに効果が期待できるとされるが、実際にまとめた報告は少ない。今回、条文に一致すると思われる 7 例の疼痛症例に十味剉散を用いたので報告する。性別、年齢、疾患名、効果発現時間、平均使用時間などを検討した。男 4 例、女 3 例、年齢は 61 ± 5 歳、腰椎術後 4 例、頸椎術後 1 例、脳卒中後 1 例、腰椎脊柱管狭窄症 1 例であった。著効 1 例、有効 3 例、不変 3 例であった。著効・有効例での効果発現時間は 4 日から 2 ヶ月と広く分布していた。平均使用期間は 5.0 ± 1.0 月であった。今回、7 例の疼痛症例に十味剉散を使用し、著効・有効例が多く有用な処方と思われた。

索引用語：十味剉散、痛み、筋萎縮

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Effects of Jumizasan on the Patients with Pain and Muscle Weakness in Extremities.
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Abstract: Jumizasan is said to be effective to pain and muscle weakness in extremities. However, there is few reports of Jumizasan. Here I report seven cases of pain treated with jumizasan. Sex, age, disease, effectiveness, time for appearance of effectiveness, average treated duration were evaluated. 4 patients were male and 3 were female. Average age was 61 ± 5 . Number of patients of post lumbar operation, post cervicular operation, post stroke and lumbar patients were 4, 1, 1 and 1 respectively. Average treated duration was 5.0 ± 1.0 months. Number of very effective, effective and no effective patients were 1, 3 and 3 respectively. Jumizasan is effective prescription for the patients with muscle weakness and pain in extremities.

Key words: jumizasan, muscle weakness, pain in extremities

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