

症 例 報 告

当科での1年間の帯状疱疹関連痛に対する漢方処方への検討

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要旨：帯状疱疹関連痛（zoster associated pain；ZAP）は急性帯状疱疹痛と、帯状疱疹後神経痛（post herpetic neuralgia；PHN）の痛みを総称している。

治療は西洋医学的に神経ブロックや内服療法を行うことが多いが、治療に難渋する場合も少なくない。

今回我々は、2018年1月から12月に当科で内服処方したZAPの症例を調べ、その中で特に漢方薬の処方状況について検討し、代表的な2症例を提示する。

索引用語：帯状疱疹痛，抑肝散，漢方

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Study of the internal use prescription for the one-year zoster associated pain in our department

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Abstract: Zoster associated pain (ZAP) is a generic term for acute herpes zoster pain and postherpetic neuralgia (PHN). Nerve block and oral therapy are often used as Western medicine techniques for the treatment, but treatment is often difficult. In this study, we examined the cases of ZAP that were taken orally in our department from January to December 2018. In this study, we examined the cases of ZAP treated with oral medication at our department from January to December 2018. In particular, I examined the prescription status of Kampo medicine and presented two representative cases.

Key words: zoster associated pain, yokukansan, kampo medicine

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