

症 例 報 告

漢方薬が奏効した高齢者疼痛の2症例

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要旨：漢方薬が奏効した高齢者疼痛2症例を経験したので報告する。症例1. 80歳代男性。主訴：右腰痛，食欲不振，両下肢筋力低下。X年10月中旬転倒し，第12胸椎椎体骨折受傷し，11月中旬当院入院となる。入院1週間で約1.5kg体重減少したので，11月下旬より人參養榮湯を内服させた。食欲も改善し，リハビリも可能となり，1ヵ月後体重増加し，腰痛もなく，独歩で病棟1周可能となり，X+1年1月中旬退院。症例2. 80歳代男性。主訴：両頸部から肩への痛み，頭痛，全身倦怠感，食欲不振。X年8月初旬より症状が増悪したため，8月下旬入院となる。経過：入院後，人參養榮湯，葛根湯を内服し，経穴にレーザー治療と置き鍼治療を開始した。入院4日後，頸部から肩にかけての痛みと頭痛も軽減した。入院7日後全身倦怠感，食欲不振も改善し，入院8日後退院となる。人參養榮湯は気血両虚の高齢者の疼痛コントロールに有効であった。

索引用語：漢方薬，人參養榮湯，高齢者疼痛，食欲不振，気血両虚

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Two cases of geriatric patients suffering from pain successfully treated by Kampo medicine

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Abstract: We report two cases of geriatric patients complaining pain and anorexia who were treated successfully by Kampo medicine. Case 1: A man in his 80s with right back pain, anorexia, and weakness in the lower extremities. He fell down in mid-October X and suffered the 12th thoracic vertebral fracture, and was admitted to our hospital in mid-November. Since he lost about 1.5 kg in a week after hospitalization due to anorexia, he was prescribed ninjinyoeito from late November. After taking the medicine, his appetite and activity recovered gradually. One month later, he gained weight, had no back pain, was able to walk around the ward on his own, and was discharged from the hospital in mid-January X + 1. Case 2: A man in his 80s with severe pain from neck to shoulders, headache and anorexia. He was hospitalized in late August because his symptoms worsened from early August. He was prescribed both of ninjinyoeito and kakkonto. He was performed also laser acupuncture on acupuncture points and placed Pyonex[®] needle (0.6mm). Pain from a neck to shoulders and headache all most disappeared 4 days after hospitalization. His symptom of general fatigue and appetite loss was also improved 7days after admission. Next day he was discharged successfully our hospital. Ninjinyoeito is effective on pain control against geriatric patients with deficiency both of qi and blood.

Key words: Kampo medicine, ninjinyoeito, pain of geriatric patients, anorexia and deficiency both of qi and blood

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