

症 例 報 告

高齢者の三叉神経痛に桂枝加朮附湯が有効であった2症例

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要旨：高齢者においては複数の疾患を有し、多剤が併用されている場合も多く、薬の副作用が生じ易いことから、三叉神経痛に対し、第一選択薬であるカルバマゼピンなどの西洋薬の使用が難しい症例をしばしば認める。今回、80歳代の三叉神経痛の患者に対し、治療開始時から桂枝加朮附湯を処方し、痛みの軽減に成功した2症例を経験したので報告する。両症例とも桂枝加朮附湯の単独投与で、日常の活動には支障のない疼痛管理が可能になった。桂枝加朮附湯は、三叉神経痛の疼痛緩和に有用であると考えられた。

索引用語：三叉神経痛, 桂枝加朮附湯, 高齢者, カルバマゼピン

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Two cases of effective treatment using keishikajutsubuto for trigeminal neuralgia in the elderly

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Abstract: In elderly people, multiple drugs are often prescribed in combination, and the side effects of the drugs are likely to occur. Therefore, in elderly patients with trigeminal neuralgia, it is often difficult to use western drugs such as carbamazepine, which is the first-line drug. We report two cases in which patients in their 80s with trigeminal neuralgia who have been successful in relieving pain by prescribing keishikajutsubuto from the start of treatment.

In both cases, administration of keishikajutsubuto alone enabled pain management that did not interfere with daily activities. We suggested that keishikajutsubuto is effective in relieving pain of trigeminal neuralgia.

Key words: trigeminal neuralgia, keishikajutsubuto, elderly, carbamazepine

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