

## 臨床経験

# 三叉神経領域の顔面痛に対し、漢方薬と神経ブロックの併用が有効であった2症例

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**要旨：**難治性の顔面痛に対し、立効散の処方と神経ブロックを行い、良好な経過を得た2症例を経験した。立効散は歯痛により頭部、項背部に痛みが及ぶ者に効果があるとされる。今回、三叉神経領域の顔面痛2症例に対し立効散による治療を行った。立効散の効果としては、西洋医学的な作用機序としては抗けいれん作用、東洋医学的な処方根拠としては顔面痛に加え頸部痛および後頭部痛を伴う陽虚の症例であった点が挙げられる。両症例いずれも痛みの改善がみられ、神経ブロック治療が不要となった。結果、食事や会話など基本的な日常生活を改善することが可能であった。

**索引用語：**顔面痛, 立効散, 三叉神経痛

## PAIN AND KAMPO MEDICINE Vol.30 (2020)

### Two cases in which rikkosan was effective for facial pain in the trigeminal nerve region

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**Abstract:** We experienced two cases of intractable facial pain that were successfully treated with rikkosan and nerve block. Rikkosan is said to be effective for patients who have pain in their head and neck due to toothache. In this study, we treated two cases for facial pain in the trigeminal nerve region with rikkosan. Rikansan has an anticonvulsant effect as its pharmacological mechanism of action.

From the viewpoint of traditional medicine, the prescription was made based on the fact that the cases were yang pattern, with neck pain and occipital pain in addition to facial pain. In both cases, the pain was improved remarkably, and nerve block treatment was no longer necessary. As a result, these patients were able to improve basic quality of life such as eating and talking, without frequent nerve blocks.

**Key words:** trigeminal neuralgia, rikkosan, facial pain, orofacial pain

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