

症 例 報 告

頬骨骨折後の顔面の痛みに漢方薬が奏功した 1 症例

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要旨：頬骨骨折に対して観血的整復固定術を施行後 1 年間続いた痛みに対し、ミロガバリンベシル酸塩 (以下ミロガバリン) に葛根湯を加方し、改善がみられた症例を報告する。症例は 80 歳代の女性で、主訴は右側頬骨から上口唇にかけての痛みとしびれであった。現病歴は、転倒して右側頬骨を骨折し観血的整復固定術を施行後、痛みとしびれが出現、メコバラミンやプレガバリンが処方されたが効果がなく、当科を紹介され受診した。当科では右側上顎の末梢神経障害性疼痛と診断し、ミロガバリン 10mg/日を処方した。2 カ月後頬骨の痛みは改善したが、上唇の症状は変わらないため 15mg/日に増量した。ふらつきが出現したため、ミロガバリンを 10mg/日に減量し、葛根湯 5g、分 2/日も処方したところ、頬骨部の違和感は消失し、上唇の痛みと違和感も改善傾向となった。ミロガバリンによるふらつきがみられる症例に有効な処方の可能性が示唆された。

索引用語：葛根湯, ミロガバリンベシル酸塩, 末梢神経障害性疼痛, 頬骨骨折

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A case of facial pain after zygomatic fracture successfully treated with Kampo medicine

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Abstract: We report a case in which a patient with pain that persisted for one year after undergoing an open repair and fixation of a zygomatic fracture showed improvement after treatment with mirogabalin besilate (hereafter referred to as mirogabalin) and kakkonto. The case was a woman in her 80s, with complaints of pain and numbness from her right cheekbone to the upper lip. She had a fracture of the right zygomatic bone due to a fall, and pain and numbness appeared after she had undergone open reduction internal fixation. She was prescribed mecobalamin and pregabalin, but they were ineffective, and she was referred to our department. We diagnosed peripheral neuropathic pain in the right maxilla and prescribed 10 mg/day of mirogabalin. Two months later, the dose was increased to 15 mg/day because the pain in the zygomatic bone improved but the symptoms in the upper lip did not change. Due to the appearance of unsteadiness, the dosage of mirogabalin was reduced to 10 mg/day, and 5 g/day of kakkonto was additionally prescribed. The discomfort in the zygomatic region disappeared, and the pain and discomfort in the upper lip tended to improve. The results suggest that this prescription may be effective for patients who experience lightheadedness due to mirogabalin.

Key words: kakkonto, mirogabalin besilate, peripheral neuropathic pain, zygomatic fracture

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