

## 症 例 報 告

# 水疱型口腔扁平苔癬に対して漢方療法が奏効した症例

新田 英明\*<sup>1,2</sup> 山口孝二郎\*<sup>2,3</sup> 鈴木 甫\*<sup>4</sup> 千堂良造\*<sup>5</sup> 杉村光隆\*<sup>6</sup>

**要旨：**水疱型口腔扁平苔癬は稀な疾患で報告も少なく、治療に難渋する場合も少なくない。今回我々は40歳代、女性の難治性の水疱型口腔扁平苔癬に対して、五苓散、桂枝茯苓丸、半夏瀉心湯が奏効した症例を経験した。本症例では、利尿、抗炎症作用のある五苓散や柴苓湯にて水疱形成は減少傾向を示すも、治癒までには至らなかった。そのため、末梢循環不全による体液の血管外漏出を考慮し、瘀血改善、利尿の目的で桂枝茯苓丸を五苓散に追加した。その結果、軟口蓋、口唇、舌の水疱は大幅に減少し症状安定をした。しかし、食事時の痛みは残存したため抗炎症目的で半夏瀉心湯を追加し、治療開始30週間後、食事時の痛みも大幅に緩和し口蓋部の水疱も認められなくなった。本症例では五苓散、桂枝茯苓丸、半夏瀉心湯による血管透過性の改善、末梢循環改善、並びに抗炎症作用が症状を改善したものと考えられる。

**索引用語：**水疱型口腔扁平苔癬、瘀血、五苓散、桂枝茯苓丸、半夏瀉心湯

## PAIN AND KAMPO MEDICINE Vol.31 (2022)

### A Case of Refractory Stomatitis Successfully Treated with Kampo Medicine

Hideaki NITTA\*<sup>1,2</sup>, Kojiro YAMAGUCHI\*<sup>2,3</sup>, Hajime SUZUKI\*<sup>4</sup>,  
Ryouzou SENDOU\*<sup>5</sup> and Mitsutaka SUGIMURA\*<sup>6</sup>

**Abstract:** Bullous oral lichen planus is a rare disease that has been rarely reported and is often difficult to treat. In this study, we report a case of a woman in her forties with intractable bullous oral lichen planus which was treated successfully by goreisan, keishibukuryogan, and hangeshashinto. In this case, blistering tended to decrease with goreisan and saireito, but did not cure. Therefore, keishibukuryogan was added to improve the extravasation of fluid due to peripheral circulatory insufficiency. As a result, blisters on the soft palate, lips, and tongue were significantly reduced and the symptoms were stabilized. However, since the pain at mealtime remained, hangeshashinto was added for anti-inflammatory purposes. 30 weeks after the start of treatment, the pain at mealtime was significantly relieved and no blisters on the palate were observed. In this case, goreisan, keishibukuryogan, and hangeshashinto improved vascular permeability, peripheral circulation, and anti-inflammatory effect, which may have improved the symptoms.

**Key words:** bullous lichen planus, blood stagnation, goreisan, keishibukuryogan, hangeshashinto

\*<sup>1</sup>Nagashima-cho National Health Insurance Dental Clinic

Hideaki NITTA, Nagashima-cho National Health Insurance Dental Clinic.

134 Hirao, Nagashima-cho, Izumi-gun, Kagoshima 899-1302, Japan

\*<sup>2</sup>Outpatient of dental chronic disease, TANAKA Orthodontic Clinic

\*<sup>3</sup>Department of Physiology, school of Medicine, Showa University

\*<sup>4</sup>Department of Oral and Maxillofacial Surgery, Kagoshima University Graduate School of Medical and Dental Sciences

\*<sup>5</sup>Department of Oral Surgery, Imakiire General Hospital

\*<sup>6</sup>Department of Anesthesiology, Kagoshima University Graduate School of Medical and Dental Sciences