

症 例 報 告

交通外傷後 23 年間続いた頭痛，めまい，尿漏れに 漢方薬が奏功した症例

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要旨：31 歳，男性。8 歳時交通外傷に遭い，びまん性軸索損傷，外傷後腰椎分離症と診断された。以後，頭痛，乗り物に乗ったときのめまい，尿漏れのため，ほとんど学校に行けなかった。大学病院を含め様々な医療機関を受診したが，症状は改善せず，外出もできない日が続いていた。漢方治療を希望され，31 歳時に当院を初診，頸椎の異常による頭痛，めまいと考え，葛根加朮附湯と治打撲一方，抑肝散の投与によって頭痛とめまいは改善した。また尿漏れに対しては，補中益気湯を投与したところ改善した。57 週間漢方薬を投与し廃薬，気軽に車やバスに乗ったりして外出できるようになった。西洋医学的アプローチで改善しない全身外傷後の症状に対して，漢方薬が著効した 1 例であった。

索引用語：外傷性頸部症候群，葛根加朮附湯，抑肝散，治打撲一方

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Successful treatment with Kampo medicine for the headache, dizziness,
and urine leakage continued for 23 years after traffic injury : a case report
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Abstract: A 31-year-old man suffered from traffic trauma at the age of 8 and was diagnosed with diffuse axonal injury and post-traumatic lumbar spine separation. After that, he could hardly go to school because of headaches, dizziness when riding a car, and urine leakage. After detailed examinations at various medical institutions, his symptoms did not improve, and he could not go out for a long time. At the age of 31, he visited our hospital for the first time for Kampo medicine. Headache and dizziness due to abnormalities in the cervical spine were considered, and the symptoms were improved by administration of kakkonkajutsubuto and jidabokuippo, and yokukansan. In addition, urine leakage was improved by administration of hochuekkito. After 57 weeks of Kampo medicine treatment, he was able to easily go out by car or bus. This was a case in which Kampo medicine was remarkably effective for post-systemic trauma symptoms that did not improve with Western medical approaches.

Key words: Whiplash associated disorders, kakkonkajutsubuto, yokukansan, jidabokuippo, hochuekkito

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