臨床経験

身体症状症と診断され、精神疾患・心理社会的要因が 原因と考えられる非歯原性歯痛に対し漢方薬が奏功した症例

佐藤曾士*1 徳倉達也*2 宮内倫也*3 伊藤幹子*4 中野健二郎*5 鶴田剛士*6 富田 慎*6 外ノ池隆史*7 中野有美*8 梅村恵理*4 木村宏之*2 奥田真弘*1

要旨:精神疾患・心理社会的要因が原因と考えられる非歯原性歯痛に対して,抑肝散が奏功した症例を経験した.症例は33歳の男性,主訴に見合う器質的疾患を口腔内に認めず,精神科医との連携によって,精神疾患・心理社会的要因が原因と考えられる非歯原性歯痛/身体症状症と診断するに至った.我々の経験から,神経症傾向を有し,身体症状症と診断された非歯原性歯痛に対して抑肝散は一定の効果を示すことが示唆された.

索引用語:抑肝散,非歯原性歯痛,身体症状症

PAIN AND KAMPO MEDICINE Vol.31 (2022)

A case of non-odontogenic toothache caused by psychiatric disorders and psychosocial factors successfully treated with Kampo medicine: yokukansan Aiji SATO*1, Tatsuya TOKURA*2, Tomoya MIYAUCHI*3, Mikiko ITO*4, Kenjiro NAKANO*5, Takeshi TSURUTA*6, Shin TOMIDA*6, Takashi TONOIKE*7, Yumi NAKANO*8, Eri UMEMURA*4, Hiroyuki KIMURA*2 and Masahiro OKUDA*1

Abstract: We experienced a case that yokukansan (Yi-Gan San) successfully treated non-odontogenic toothache that was thought to be caused by psychiatric disorders and psychosocial factors. The patient is a 33-year-old man, presented no organic disease which consisted of the chief complaint in his oral cavity. In collaboration with psychiatrists, we came to the diagnosis of non-odontogenic toothache/somatic symptom, which was thought to be caused by psychiatric disorders and psychosocial factors.

Our experience suggests that yokukansan has a certain effect on non-odontogenic toothache that has neurotic tendencies and is considered to be somatosymptomatic.

Key words: yokukansan, non-odontogenic toothache, somatic symptoms

^{*}¹Department of Anesthesiology, School of Dentistry, Aichi Gakuin University Aiji SATO, Department of Anesthesiology, School of Dentistry, Aichi Gakuin University.

²⁻¹¹ Suemoridori, Chigusa-ku, Nagoya-shi, Aichi, 464-8651, Japan

^{*2}Department of Psychiatry, Nagoya University Graduate School of Medicine

^{*3}Department of Psychiatry, Kachi Memorial Hospital

^{*4}Department of Oral and Maxillofacial Surgery, School of Dentistry, Aichi Gakuin University

^{*5}Department of Operative Dentistry, School of Dentistry, Aichi Gakuin University

^{*6}Nadyapark Dental Clinic

^{*7}Faculty of Psychological and Physical Sciences, Health Service Center, Aichi Gakuin University

^{*8}Department of Psychology and Human Relations, Nanzan University