短報

漢方薬が有効であった顔面領域の疼痛疾患の2症例

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要旨:顔面領域の痛みは患者にとっては不快なものであり、Quality of life (QOL) も低下する症例もある. 治療としては抗痙攣薬, 抗うつ薬等の薬物療法, 神経ブロック, 心理療法等あるが治療に難渋することもしばしばみられる. このような場合, 漢方療法が有効な場合がある.

症例1は非定型顔面痛,症例2は特発性三叉神経痛であり,両者とも西洋医学的治療には難渋したが,五苓散が有効であった症例であった.

西洋医学的治療に難渋する場合は漢方療法を試みるべきである.

索引用語:難治性慢性疼痛, 五苓散, 漢方薬

PAIN AND KAMPO MEDICINE Vol.31 (2022)

Two cases of facial territorial painful disease for which Kampo medicine was effective

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Abstract: Facial territorial pain is discomfort for patients, which sometimes decline their quality of life.

As the treatment, there is pharmacotherapy which consist of anticonvulsant, antidepressant, nerve block and psychotherapy etc. But there are often cases refractory to the treatment.

In such cases, Kampo medicine may be effective.

Case1 is persistent idiopathic facial pain, Case2 is idiopathic trigeminal neuralgia. Although these cases were refractory to the western medical treatment, Goreisan were effective.

We should attempt to use Kampo medicine, if western medical treatment was not effective for refractory pain.

Key words: intractable chronic pain, Goreisan, Kampo medicine

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