

総説

口腔顔面痛の漢方治療

別部智司*^{1,2} 今泉うの*¹

要旨：国際口腔顔面痛分類（ICOP）第1版が2021年に発表され、非歯原性歯痛の分類も多様化されるなど、口腔顔面領域の痛みの研究、臨床が進んでいる。特に慢性経過をたどる疾患では、漢方薬が有利な治療となる。歯科疾患の痛みには立効散、三叉神経痛には五苓散、桂枝加朮附湯、桂枝湯、葛根湯、立効散、麻黄附子細辛湯、桂枝湯合麻黄附子細辛湯などが用いられる。口腔乾燥症には五苓散、白虎加人参湯、十全大補湯、麦門冬湯、小柴胡湯、葛根湯などが用いられる。顎関節症には芍薬甘草湯、葛根湯、加味逍遙散、十全大補湯、人参養榮湯などが用いられる。口腔扁平苔癬には半夏瀉心湯、黄連湯、黄连解毒湯、温清飲、小柴胡湯などが用いられる。舌痛症には加味逍遙散、柴朴湯、半夏瀉心湯、立効散、小柴胡湯などが用いられる。特に慢性経過をたどる口腔顔面痛の治療は、身体的、心理的、社会的、実存的な問題点を抽出して、西洋医学、東洋医学、心身医学などの資源を用いる健康創成論を考慮した全人的医療において漢方薬が役立つ。

索引用語：漢方薬、口腔顔面痛、慢性疼痛、健康創成論、全人的医療

PAIN AND KAMPO MEDICINE Vol.32 (2023)

Kampo treatment for orofacial pain
Satoshi BEPPU*^{1,2} and Uno IMAIZUMI*¹

Abstract: The International Classification of Orofacial Pain (ICOP) 1st edition was published in 2021. The classification of non-odontogenic odontalgia has become more widely used, leading to the development of research and clinical practice in orofacial pain. For chronic diseases, Kampo medicine can be a useful treatment. For example, rikkosan is used for dental pain.

Goreisan, keishikajutubuto, keishito, kakkonto, rikkosan, maobushisaishinto, and keishi-togomaobushisaishinto are used for trigeminal neuralgia. Goreisan, byakkokaninjinto, juzentaihoto, bakumondoto, shosaikoto, and kakkonto are used for xerostomia. For temporomandibular joint disorder, shakuyakukanzoto, kakkonto, kamishoyosan, juzentaihoto, and ninjin'yoeito are used. For oral lichen planus, hangeshashinto, orento, orengedokuto, unseiin, and shosaikoto are used. Kamishoyosan, saibokuto, hangeshashinto, rikkosan, and shosaikoto are used for glossodynia. Comprehensive medicine based on the theory of salutogenesis is essential for the treatment of chronic orofacial pain. By identifying physical, psychological, social, and existential issues and utilizing resources from Western medicine, Oriental medicine, psychosomatic medicine, and other areas, we can promote patient health and prevent disease development. Kampo medicine is useful in this comprehensive approach.

Key words: Kampo medicine, orofacial pain, chronic pain, salutogenesis, comprehensive medicine

*¹Department of Dental Anesthesiology, Kanagawa Dental University

*²Dr. Beppu's Dental Office

Satoshi BEPPU, Dr. Beppu's Dental Office.

4-30-8, Hinominami, Kohnan-ku, Yokohama-shi, Kanagawa 234-0055, Japan