

症 例 報 告

筋・筋膜痛が原因と思われる歯痛に
漢方が有効であった1例

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要旨：筋・筋膜痛が原因と思われる歯痛に麻杏薏甘湯が有効であった症例を報告する。患者は20歳台女性で、上顎左側第二大臼歯部の咬合痛と自発痛を主訴に来院した。臨床所見では口腔内に器質的異常は認められず、左側咬筋に強い圧痛が認められた。主訴となる歯に関連痛は発生しなかったが、左側咬筋の圧痛が著明であったため左側咬筋の筋・筋膜痛および上顎左側第二大臼歯の筋・筋膜痛による歯痛と診断し、麻杏薏甘湯を処方した。服用後3日目には歯の痛みが消失し、来院時の左側咬筋の触診でも圧痛が消失していたため当科終了となった。左側咬筋の圧痛の消失とともに上顎左側第二大臼歯の痛みも消失したことから、同歯の痛みは左側咬筋の筋・筋膜痛が原因であった可能性が高いと思われるため、関節痛、筋肉痛に効能がある麻杏薏甘湯が著効したと考えられる。以上より、筋・筋膜痛の関与が疑われる歯痛に対して、漢方薬の使用は歯痛のコントロールの一助になることが示唆された。

索引用語：麻杏薏甘湯、筋・筋膜痛、非菌原性歯痛

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A case of effective Kampo medicine for the non-odontogenic toothache caused by myofascial pain

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Abstract: We report a case of toothache in the maxillary left second molar, which appeared to be caused by myofascial pain.

The patient was a female in her 20s. She came to our hospital with a chief complaint of occlusal pain and spontaneous pain in the maxillary left second molar. Although the clinical findings revealed no structural abnormalities in the oral cavity, severe tenderness was observed in the left masseter muscle. We diagnosed myofascial pain in the left masseter muscle and prescribed makyoyokukanto.

Three days after taking makyoyokukanto, her tooth pain, and tenderness of the left masseter muscle disappeared, leading to her discharge from our department. The simultaneous disappearance of tenderness in the left masseter muscle and the pain in the maxillary left second molar suggests that the toothache was likely caused by myofascial pain in the left masseter muscle. Therefore, it is considered that makyoyokukanto, which is known to be effective for joint and muscle pain, was remarkably effective in this case.

This finding suggests that the use of Kampo medicine may assist in controlling toothache suspected to be related to myofascial pain.

Key words: makyoyokukanto, myofascial pain, non-odontogenic toothache

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