

原 著

口腔顎顔面領域の痛み治療に用いられる漢方薬の 文献的症例集積解析 —口腔粘膜疾患，顎骨疾患について—

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要旨：口腔粘膜疾患および顎骨疾患の痛み治療に関する症例報告をもとに，治療に用いられた漢方薬，処方経緯などについて解析し，漢方薬を用いた治療について検討した。医中誌にて2013年1月から2022年12月までの10年間に発表された口腔粘膜疾患，顎骨疾患の漢方薬を用いた治療に関する症例報告を抽出し，口腔粘膜疾患37例（OMD群），顎骨疾患14例（DJ群）を対象とした。OMD群の主な疾患は口内炎，がん治療に伴う口腔粘膜炎，口腔扁平苔癬であった。清熱剤，和解剤，補剤，駆瘀血剤など多種類の漢方薬が使用され，特になん治療に伴う口腔粘膜炎では半夏瀉心湯の適用が，口腔扁平苔癬では補剤が用いられる傾向を認めた。DJ群では，局所病変への対応に清熱剤が，病変の改善を妨げる問題に補剤が用いられていた。本調査より，各疾患の病態に応じた漢方薬を選ぶとともに，患者の全身的な問題の改善を目的とした方剤の選択が病態の改善に有用であることが示唆された。

索引用語：漢方薬，口腔粘膜疾患，顎骨疾患，痛み，文献的症例集積解析

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A literature review on Kampo medicine used for treatment of pain in the oral and maxillofacial regions—analysis based on case reports of diseases of the oral mucosa and the jaw
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Abstract: Based on case reports on the treatment of pain in oral mucosal diseases (OMD) and diseases of the jaw (DJ), we analyzed the use of Kampo medicine in treatment, the histories of prescription, and other factors, and considered the use of Kampo medicine. We extracted case reports on the treatment of oral mucosal diseases and diseases of in Ichushi Web from January 2013 to December 2022, and identified 37 cases of OMD and 14 cases of DJ. The main diseases in the OMD were stomatitis, oral mucositis associated with cancer treatment, and oral lichen planus. Various types of Kampo medicines such as heat-clearing formulas, harmonizing formulas, tonic formulas and blood stasis-resolving formulas were used, and the application of hangeshashinto was observed to be effective for oral mucositis associated with cancer treatment, while tonic formulas were used for oral lichen planus. In the DJ, heat-clearing formulas were used for local lesions, and tonic formulas were used for problems that hindered the improvement of the lesions. From this research, it was suggested that selecting Kampo medicine according to the pathophysiology of each disease and selecting a prescription aimed at improving the patient's systemic problems is useful for improving the pathophysiology.

Key words: Kampo medicine, oral mucosal diseases, diseases of the jaw, pain, analysis based on case reports

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