

## 症 例 報 告

パーキンソン病患者の腰痛に対して  
越婢加朮湯が奏効した 2 症例中江啓晴\*<sup>1</sup> 草鹿砥宗隆\*<sup>2</sup> 小菅孝明\*<sup>2</sup>

**要旨：**症例1の患者は80歳台男性、経過11年のパーキンソン病があり、腰痛、背部痛を訴えた。越婢加朮湯の内服2カ月で改善した。症例2の患者は70歳台男性、経過4年のパーキンソン病があり、腰痛を訴えた。越婢加朮湯の内服2カ月で痛みは5/10に改善した。越婢加朮湯は風水に対する方剤であり、風湿痺や熱痺に使用されることが多い。パーキンソン病患者では健常人と比較して手掌の温度が低下していること、健常人と比較して寒冷刺激試験に対する体温の回復が遅いことが報告されている。これらの報告を漢方医学的に考えれば、パーキンソン病患者では冷えが存在することが多く、また冷えを訴えない場合でも潜在的な冷えが存在する可能性を示している。今回の2症例はいずれもパーキンソン病であり、冷えにより生じた風湿痺が存在し越婢加朮湯が有効であったと考えられた。パーキンソン病の腰痛に対する越婢加朮湯の有効性が示唆された。

**索引用語：**越婢加朮湯、パーキンソン病、腰痛

## PAIN AND KAMPO MEDICINE Vol.33 (2024)

**Eppikajutsuto is an effective treatment for low back pain :  
two cases of Parkinson's disease**Yoshiharu NAKAE\*<sup>1</sup>, Munetaka KUSAKADO\*<sup>2</sup> and Takaaki KOSUGE\*<sup>2</sup>

**Abstract:** The patient in case 1 was a man in his 80s with an 11-year history of Parkinson's disease. He complained of low back pain and dorsal pain. His pain improved after 2 months of taking eppikajutsuto. The patient in case 2 was a man in his 70s with a 4-year history of Parkinson's disease. He complained of low back pain. Eppikajutsuto was started, and his pain improved to 5/10 after 2 months. Eppikajutsuto is effective for wind water pattern, and commonly used for wind dampness impediment or heat impediment. Studies have reported that palm temperature is lower and recovery of body temperature in response to cold stress test is slower in Parkinson's disease patients compared to healthy individuals. These reports, from the perspective of Kampo medicine, suggest that Parkinson's disease patients often exhibit coldness, and latent coldness may be present subclinically even in the absence of complaint of coldness. The Parkinson's disease patients in this report had coldness-induced wind dampness impediment, and therefore, eppikajutsuto was effective for their pain. In conclusion, our report suggests that eppikajutsuto is an effective treatment for low back pain in Parkinson's disease patients.

**Key words:** eppikajutsuto, Parkinson's disease, low back pain

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