

症 例 報 告

痛覚変調性疼痛の諸症状に対する漢方治療の経験

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要旨：痛覚変調性疼痛の中で、身体症状症（身体表現性障害）は、さまざまな苦痛を伴う身体症状が長期に持続する疾患である。本疾患は一般診療科に多いとされるが、通常の薬物治療に反応しないため、治療に難渋することが多い。今回我々は身体症状症と思われる疾患に対して加味逍遙散と越婢加朮湯を使用して奏功した症例を経験した。漢方治療は、身体症状に対する薬理効果、多彩な訴えに対応しうる診療体系、診察行為そのものが患者の信頼を得る精神療法たりえている点を通じて、本疾患の治療戦略上有用と考えられた。

索引用語：痛覚変調性疼痛、身体症状症、加味逍遙散、越婢加朮湯

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Experience with Kampo medicine treatment for various symptoms of somatic symptomatology

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Abstract: In the realm of nociplastic pain, somatic symptomatology represents a condition where a variety of distressing physical symptoms persist over a long period of time. While this disorder is often seen in general practice, it is often difficult to treat because it does not respond to conventional drug therapy.

In this study, we report a case of somatic symptoms that was successfully treated with kamishoyosan and eppikajutsuto.

Kampo therapy is considered to be a useful treatment strategy for this disorder because of its pharmacological effects on somatic symptoms, its adaptable framework to treat a wide variety of complaints, and the fact that the consultation itself can be a psychotherapy that gains the trust of patients.

Key words: nociplastic pain, somatic symptomatology, kamishoyosan, eppikajutsuto

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