

症 例 報 告

漢方薬が奏効した神経障害性疼痛薬が服用困難な帯状疱疹関連痛症例

緒 方 政 則*

要旨：神経障害性疼痛薬が服薬困難な帯状疱疹関連痛に漢方薬が奏効した症例を報告する。症例1：70歳台女性，左三叉神経（V1）に発症し，プレガバリン内服で副作用出現。左頭痛，複視を主訴に発症3週後に初診。葛根加朮附湯の方意で桂枝加葛根湯，桂枝加朮附湯，附子末併用し，5週後疼痛なく複視も改善。症例2：50歳台女性，右胸背部に発症しプレガバリン内服で眠気が強く右背部痛を主訴に発症2カ月後受診。水太り体質の証に防己黄耆湯と駆瘀血剤として疎経活血湯を併用し，服用7週後痛みなく漢方薬を減薬。6カ月後終診。症例3：60歳台男性，左軀幹に発症し職業上眠気を誘う薬の使用は難しく，左腹背部痛を主訴に発症後1カ月で受診。急性期疼痛に対して越婢加朮湯加附子と駆瘀血剤の疎経活血湯を併用し，2週後疼痛軽減。3カ月後痛みなく終診。帯状疱疹関連痛に対する漢方薬治療は発症からの病態ステージと証に合わせた漢方薬を選択することが重要である。

索引用語：帯状疱疹関連痛，漢方薬，神経障害性疼痛薬副作用，プレガバリン

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The effectiveness of Kampo medicine for zoster-associated pain (ZAP) cases unable to take neuropathic pain medicine

Masanori OGATA*

Abstract: I report cases in which Kampo medicine was effective for ZAP refractory to neuropathic pain medication. Case1: A female in her 70s presented with ZAP in the left trigeminal nerve (V1) and developed side effect with pregabalin. The patient visited three weeks after onset with left headache and double vision as the chief complaints. Since the prescription kakkontokajutsu does not exist in medical extract formulation, a similar prescription, created by mixing keishikakakkontou, keishikajutsu, and bushi, was administered. Five weeks later, the pain was relieved and diplopia was improved. Case 2: A female in her 50s presented with ZAP in the right chest and back, and complained of drowsiness with pregabalin. The patient visited two months later with a chief complaint of right back pain. Sokeikakketsuto is often prescribed as blood stasis-resolving formula when patients have pain. Considering the patient had the pattern of fluid retention, both boiogito and sokeikakketsuto were prescribed. After seven weeks, the dosage was reduced due to disappearance of pain. She made a full recovery six months later. Case 3: A patient in his 60s presented with ZAP in the left trunk. He refused medications which induced drowsiness because of his occupational reasons. He visited one month after onset with left chest and abdominal pain as a chief complaint. Because the pain was acute, eppikajutsuto and sokeikakketsuto were prescribed. His pain reduced intensity in two weeks. After three months, he made a full recovery. Important thing for Kampo medicines treatment for ZAP is to choose appropriate medications according to the pattern of a patient and the stage from onset.

Key words: zoster associated pain (ZAP), Kampo-medicine, side effects of neuropathic pain drug, Pregabalin

*Department of Pain Clinic and Japanese Oriental Medicine, Moji Hospital
Masanori OGATA, Department of Pain Clinic and Japanese Oriental Medicine, Moji Hospital.
3-1 Minami Honmachi, Moji-ku, Kitakyusyu-shi, Fukuoka 800-0021, Japan